



**Community Mental Wellness Association of Canada**

**加拿大社區情緒健康協會**

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## Free Acupuncture Day

### 免費針灸義診日

Acupuncture can alleviate symptoms associated with mental health issues in treating the root cause of the problem by helping to rebalance the body's internal environment. From an Oriental medicine perspective, mental health disorders can cause a disruption in the flow of vital energy, or qi, through the body. Acupuncture has the ability to detect energetic changes that occur in the body.

Date: August 29th, 2017

Time: 3:00 pm – 5:00 pm

Speaker: Bette Leung,  
Acupuncturist

Fee: Free



### 健康講座：漫談中醫針灸



中醫針灸能治療情緒病，調治頑固失眠，排解異常焦慮、緊張、內疚、憂鬱、煩躁、悲傷、憤怒及驚恐情緒。現代人患上情緒問題日漸嚴重。針灸治療被肯定為快速有效的療法。本會特邀請愛心醫師前來提供免費治療。

日期：八月二十九日(星期二)

時間：下午 3:00-5:00

費用：全免

講師：梁玉蓮 針灸醫師



**Come and learn more about mental health! This presentation is FREE and open to everyone**

**本講座免費，歡迎大家諮詢及參與。**

**地址 Location: #250-5726 Minoru Blvd. Richmond, BC.**

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